


Orthodox medicine has no cure for allergies, only the treatment of symptoms, always with side effects.

The chiropractic approach has been praised for over a century by allergy sufferers. Chiropractic is not a treatment for allergies though. The goal of chiropractic care is to locate and correct subluxations, or misalignments in the spine that put pressure on the nerves-causing nervous system and thus immune system stress.



On a cellular level, a critical way to improve immune system function is to improve nervous system function. The nervous system regulates the immune system, therefore a properly **functioning nervous system is better able to coordinate immune cell activity. Chiropractic adjustments have helped many allergy sufferers by improving the** health of the nervous system.

Mechanically, Chiropractic can help with the symptom of the allergy. I can help the sinuses and lungs open up and help the body become stronger on the immune system level.

Nutritionally, heed advise to strengthen your immune system by increasing the antioxidants you are consuming in your diet and supplements you are taking.

Chiropractic care looks to correct the cause, not treat the symptoms by focusing on neurological and musculoskeletal integrity, aiming to favorably impact health and overall well-being, relieve pain and infirmity, enhance performance, and improve quality of life WITHOUT drugs or surgery!